Master Class

The Art and Science of Relationship

with

Richard G. Erskine, PhD

elaborating on

The practice of Integrative Psychotherapy

Sponsored by the Institute for Integrative Psychotherapy

and

Instituto Bios de Psichterapia Integrativa

This Master Class will meet for 5 Mondays: February 6 & 20; March 6 &. 20; April 3, 2023

Time: UK = 17:00-20:00;
Western Europe = 6:00-9:00pm; Eastern Europe = 7:00-10:00pm;
NA Pacific time 9:00 am-12:00 pm; NA Eastern time 12:00 noon to 3:00 pm

This master class is intended for psychotherapists who want to further their understanding and refine their therapeutic skills in providing a Developmentally-based, Relationally-focused Psychotherapy for their clients. In these 6 sessions (3-hours each session) there will be assigned readings, case presentations by class members, and group discussions that will address the following topics and more:

- the centrality of an attuned therapeutic relationship;
- therapeutic involvement and presence;
- the importance of a sustained phenomenological inquiry;
- responding to relational-needs;
- transference enactments and juxtaposition reactions;

- working with the Script System
- when and how to use behavioural or cognitive interventions and/or supportive age regression.
- countertransference and the therapeutic use of Self.

Participants are expected to bring therapy examples for a case discussion.

To facilitate discussion specific readings will be assigned for each meeting. The Institutes will provided you with the required readings at the beginning of the program. Participants are expected to come to class prepared to discuss how the concepts in the assigned readings may apply in their therapy practice. Class members will receive a certificate verifying 18 hours of professional education.

Participation in these case discussions requires that each person. makes an ethical commitment to client confidentiality.

This Master Class will be in English with Spanish translation.

For Information and registration please contact:

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Required Readings for each of the 5 sessions:

Erskine, R.G. & Moursund, J.P. (2022). *The Art and Science of Relationship: The Practice of Integrative Psychotherapy*
by Richard G. Erskine & Janet P. Moursund (2022)
Phoenix Publishin, UK

February 6, 2023: Chapter 2
Script, Repression, and Contact Distortion

February 20, 2023: Chapter 3
Relationship and Human Development

March 6, 2023: Chapter 4
Healing the Hurts

March 20, 2023: Chapter 5
Creating a Therapeutic Relationship

April 3, 2023: Chapter 10
A Focus on Relationship